



Name:

Date: / /2024

***Reading and comprehension.**

Students must be able to read and understand the text page 24 and answer comprehension questions such as:

1. Why do we wear elbow and knee pads? **to protect our elbows and knees.**
2. What do we wear when we go skating? **We wear a helmet.**
3. Why do we wear goggles? **to protect our eyes.**
4. Find out an adverb of frequency. / Find out a verb.

***Vocabulary.**

Lesson page 19: days of the week. Before, between, after.

(Fill in the blanks)

Lesson page 22.

Free time activities.

(Read and match the verbs with the proper nouns)

- **Listen to** the radio, listen to a story.
- **Write** an email.
- **Watch** a DVD, watch a movie, watch a film, watch TV.
- **Read** a book, read a comic, read a story, etc...
- **Go** skating. **Go** shopping. **Go** swimming.

Lesson page 24. Let's be healthy. (Fill in the blanks/ match)

- Exercise: training. (Noun)
- Wear: put on. (Verb)
- Accidents: bad things happen suddenly.
- Protect: cover or keep safe. (Verb)
- Goggles/ gloves/ helmet / elbow and knee pads.
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***Grammar**

**Monday
is before
Tuesday.**

**Monday
is after
Sunday.**

**Monday
is
between
Sunday
and
Tuesday.**

1. Adverbs of frequency. We can use them to talk about how many times we do something. (Remember to put the adverb of frequency **before** the main verb.)

Rule.  **Subject+ adverb of frequency+ verb.**

1. Always: all the time. Ex. I **always** go swimming. (I go swimming **every** time I can)
2. Often: many times. Ex: I **often** go swimming. (I go swimming **a lot**, but not when I have exams.)
3. Sometimes: from time to time. Ex. I **sometimes** go swimming. (I go swimming **only if I** have nothing else to do.)
4. Never: not at any time. Ex. I **never** go swimming. (I **don't** go swimming – I **can't** swim!)

Frequency.	Adverb of Frequency	Example Sentence
100%	Always: every time	I always get up at 6:00. I get up at 6 every school day.
80%	Often: many times.	I often eat breakfast at home. I do this many times , but on Mondays I don't. I have breakfast at work.
50%	Sometimes: from times to time	He sometimes feeds the dog. He feeds it only at the weekends.
0%	Never: not at all.	Tom never rides a bike. He doesn't know how to ride a bike.

2. Modal verbs (must/mustn't): We can use must and mustn't to talk about rules.

- I **must** do my homework.
- We **mustn't** speak when the teacher's speaking.

Must means '**Do it!**' If you don't do it, you will be in trouble.

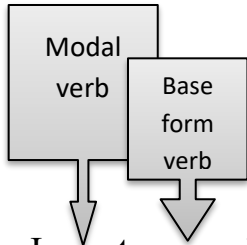
Ex. She **must** listen to the teacher.

Mustn't means '**Don't do it!**' If you do it, you will be in trouble.

Ex. We **mustn't** forget our books.

Be careful! Use the **base form** verb after must and mustn't. (Verbs in the base form **don't** change, you **don't** add - ing, s or ed - to base form verbs, for example: study, not studies, go not going, etc...)

Rule  **Subject + must /mustn't + verb (base form).**



Must and mustn't are **modal verbs**, they are not main verbs and **they stay the same** with all nouns and pronouns, singular and plural.

- I **must** wear a helmet when I ride my bike.
- She **must** wear a helmet when she rides her bike.



(**Must** doesn't change, **wear** doesn't change after must.)

***Writing**

1. Students must write two sentences using always and never.

I always have breakfast at 10:00. / I never ride a bike.

2. Students must write two rules at school using must and mustn't.

We must respect each other at school. / We mustn't shout.



Avoid copying the same examples above.